



MIRAVAL spa café

At Miraval, our philosophy is simply to eat real food. The food on your plate should look the way it did when it was harvested, and plants should be the centerpiece of every meal.

MIRAVAL LIGHT BITES

Bowl of Organic Berries | 10 


Cals: 255 Carb: 60.6g Fat: 2.5g Protein: 5.5g

Assorted Imported & Domestic Cheeses, House Made Spiced Nuts, Organic Fruit, Seeded Crackers | 18  

Cals: 542 Carb: 11g Fat: 40g Protein: 25g

Sea Salt & Garlic Organic Kale Chips | 9 

Cals: 67 Carb: 7g Fat: 2.5g Protein: 3.8g

Dips & Spreads | 14 

Served with Toasted Bagel Bites & Pretzel Chips


Black Bean Chipotle Hummus

Edamame Guacamole

Miraval Salsa

Cals: 265 Carb: 35g Fat: 12g Protein: 9.4g

SIGNATURE SANDWICHES

Spa Club | 18 

Citrus Grilled Organic Chicken Breast, Crispy Pancetta Ripe Avocado, Baby Arugula, Shaved Pickled Red Onion Chipotle Aioli on Whole Grain

Cals: 450 Carb: 35g Fat: 18g Protein: 38g

Garden Harvest Spinach Wrap | 18  

Balsamic Roasted Portobello Mushrooms

Roasted Garlic & Basil Hummus, Jalapeno Havarti

Rosemary Grilled Artichokes, Roasted Baby Bell Peppers

Cals: 380 Carb: 44g Fat: 18g Protein: 15g

SENSATIONAL SALADS

Lemon Verbena Grilled Organic Chicken & Red Quinoa Salad | 22

Ripe Avocado, Butternut Squash, Sundried Cranberries Heirloom Tomatoes & White Balsamic Citrus Vinaigrette

Cals: 493 Carb: 61g Fat: 17g Protein: 34g

California Orchard | 16

Crisp Apple, Bartlett Pears, Basil, Spiced Pecans Kale, White Cheddar, Wild Rice

Cals: 455 Carb: 31g Fat: 33g Protein: 14g

INDULGENCES

Avocado Frosted Carrot Cake | 9

Cals: 253 Carb: 29g Fat: 14g Protein: 3g

Grand Dark Chocolate Covered Strawberries | 3ea

Cals: 98 Carb: 8g Fat: 6g Protein: 1g

WINE & CHAMPAGNE

Hand selected wines & champagnes from wine makers with organic & sustainable practices

Mimosa

Orange, Guava, Seasonal Flavor
Glass | 9

Bellini

Traditional Peach, Blood Orange & Strawberry
Glass | 11

Cava, Poema Rose, Penedes, NV

Glass | 9 • Bottle | 45

Sparkling, Domaine Carneros "Brut", Carneros, 2011

Glass | 15 • Bottle | 60

Champagne, Tattinger "La Francaise", Reims, NV

Glass | 20 • Bottle | 110

Sauvignon Blanc, Lange Twins Estate, Lodi, 2014

Glass | 8 • Bottle | 32

Sauvignon Blanc, Matanzas Creek, Sonoma, 2014

Glass | 8 • Bottle | 36

Chardonnay, Gaaney Vineyards, Santa Rita Hills, 2013

Glass | 13 • Bottle | 52

Chardonnay, Scott Family Estate, Arroyo Seco, 2013

Glass | 14 • Bottle | 56

Rose, Stolpman, Santa Barbara, 2015

Glass | 10 • Bottle | 40

Pinot Noir, Paul Dolan, Mendocino, 2013

Glass | 14 • Bottle | 56

Pinot Noir, Ponzi "Tavola", Willamette Valley, 2014

Glass | 17 • Bottle | 68

Cabernet, Arrowood, Sonoma, 2013

Glass | 16 • Bottle | 64

Red Blend, Sokol Blosser "Evolution Red", California, NV

Glass | 12 • Bottle | 48

BEVERAGE & JUICE BAR

Bottled Water | 500mL • 6 | 1L • 10

Evian, Badoit

Iced Tea | 4

Organic Black, Miraval Prickly Pear Herbal

Loose Leaf Hot Tea | 5

Refreshing Elixir of the Day | 7

California Orange & Grapefruit | 6

Miraval Green Essential | 7

Juice of the Day | 8

Consuming raw or undercooked meats, poultry, eggs or seafood may pose a risk to your health.

VEGAN 

GLUTEN FREE 

** Inquire about hosting a private gathering in our Spa Cafe **